

B.L.E.S.S.

- **Begin with prayer**
- **Listen**

This is the confidence we have in approaching God: that if we ask anything according to his will, he **hears us**. - *1 John 5:14 (NIV)*

In my distress I called to the Lord; I cried to my God for help. From his temple **he heard** my voice; my cry came before him, **into his ears**. - *Psalms 18:6 (NIV)*

A wise man will **hear** and increase in learning, And a man of understanding will acquire wise counsel." - *Proverbs 1:5 (NASB1995)*

- **Seek first to understand then to be understood.**

My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry. - *James 1:19 (NIV)*

- **Eat**
- **Story**
- **Preach the Gospel at all times. Use words if necessary.**

How then will they call on Him in whom they have not believed? How will they believe in Him whom they have not heard? And how will they hear without a preacher? – *Romans 10:14 (NASB1995)*

3 reasons we are reluctant to share our stories:

1. **I just don't have what it takes.**
2. **I don't want to impose my beliefs on others.**

And how can they hear about him unless _____ tells them? - *Romans 10:14 (NLT)*

3. **Sharing my story makes me feel uncomfortable.**
- **Are You Ready to Be a B.L.E.S.S.ing Every Day?**